



Adult Day Care Center January 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Participant Birthday's! January 7- Lucy J. January 21 Phil E.	<u>Daily Schedule</u> 7:30-9:00 Activity of Choice 9:00 Breakfast 9:30 Morning Moments 12:00 Lunch 12:30-2:00 Quiet Time 3:00 Snack 3:30-5:00 Activity of Choice	1 Center Closed Happy New Year!	2 10:00 IG with Pre-K 10:30 Exercise 11:00 Roll the Dice 2:15 Common Knowledge	3 10:00 Exercise 10:30 IG with 3's 11:00 Board Games 2:15 Family Feud
6 10:00 Exercise 10:30 IG with toddlers 11:00 Umbrella Fun 2:15 Table Games	7 10:00 Exercise 10:15 Pet Therapy 10:30 IG with 3's 11:00 Craft 2:15 Homophones	8 <u>ELVIS DAY</u> 10:00 Exercise 10:30 IG with 2's 11:00 Celebrate Elvis 2:15 Table Games	9 10:00 IG with Pre-K 10:30 Exercise 11:00 Music Therapy 2:15 Sharpen Your Senses	10 10:00 Exercise 10:30 IG with 2's 11:00 Name Meaning 2:15 Banana Splits
13 10:00 Exercise 10:30 IG with toddlers 11:00 Volleyball 2:15 Batman	14 10:00 Exercise 10:30 IG with 3's 11:00 Music Therapy 2:15 Category Game	15 10:00 Exercise 10:30 IG with 2's 11:00 Bingo 2:15 This & That	16 10:00 IG with Pre-K 10:30 Exercise 11:00 Word Find 2:15 Music Therapy	17 <u>HAT DAY</u> 10:00 Exercise 10:30 IG with 3's 11:00 Hats 2:15 Popeye
20 Center Closed Martin Luther King Jr Day!	21 10:00 Exercise 10:20 Pet Therapy 10:30 IG with 3's 11:00 Art (OMA) 2:15 Alphabetics	22 10:00 Exercise 10:30 IG with 2's 11:00 Craft 2:15 Table Games	23 <u>CLOTHES CLASHING DAY</u> 10:00 IG with Pre-K 10:30 Exercise 11:00 Music 2:15 Word Find Birthday Celebrations!!!	24 10:00 Exercise 10:30 IG with 2's 11:00 True or False 2:15 Rhymes
27 10:00 Exercise 10:30 IG with toddlers 11:00 Dot Art 2:15 Puzzles	28 10:00 Exercise 10:30 IG with 3's 11:00 Bingo 2:15 Corn Hole	29 10:00 Exercise 10:30 IG with 2's 11:00 Umbrella Fun 2:15 Table Games	30 10:00 IG with Pre-K 10:30 Exercise 11:00 Category Game 2:15 Answering Machine Messages	31 10:00 Exercise 10:30 IG with 3's 11:00 Music Therapy 2:15 Movie

All participants have the right to decide whether or not to participate in any given activity. Alternative activities are offered. During the warmer months the participants have the opportunity to go outside during the day to enjoy our patio, weather permitting.